FEBRUARY 25, 2013

VOLUME 107, NUMBER 17

CHANGE SERVICE REQUESTED

NONPROFIT ORG
US POSTAGE
PAID
WARTBURG COLLEGE.

Universal Sound
The Outlet hosts a concert to showcase student talent
5

Hoodie Hoo
Pathways hopes for "Hoddie Hot" weather soon
6

100 WARTBURG BLVD., WAVERLY, IA 50677

'Iowa Nice'

Braley and Siepker discuss influence of social media

KRISTIN CANNING *NEWS EDITOR*
kristin.canning@wartburg.edu

U.S. Rep. Bruce Braley (left) and Scott Siepker discuss social media and Siepker's video "Iowa Nice." — Emily Novotny /*TRUMPET*

Iowa filmmaker and actor Scott Siepker joined Bruce Braley, U.S. Representative for Iowa's 1st congressional district Feb. 19 to discuss the power of Siepker's "Iowa Nice" video.

The video, which features a sarcastic Siepker dispelling stereotypes about the state, has over a million hits on YouTube. Siepker and Braley connected through Twitter when Braley retweeted one of Siepker's videos.

Siepker, who grew up in Mount Caramel, Iowa, said Braley was willing to be part of the conversation at Wartburg on the year-old "Iowa Nice" video and the effects of social media on politics.

"That right there is a great piece of evidence that says right now in this age you can achieve anything because you can have access to anybody, especially Iowans. Iowans are so accessible and they want to help you and they want to be involved with you," Siepker said.

Siepker, one of three members of Iowa Filmmakers, said he expected the video to get around 10,000 views. Since the video has gained popularity, Siepker has appeared on the Rachel Maddow Show and ESPN after creating the "Hawkeye Nice" and "Cyclone Nice" videos.

Siepker said while social media has allowed him and Iowa Filmmakers to be successful, it has caused several problems for politicians like Braley.

Siepker said the amount of hateful and false information that spreads on social media about public figures is going to scare people away from these positions.

"Truth drives a buggy and misgivings travel at starship pace. Smart people are too smart to put themselves through that. The best of the best are not going to volunteer to lead our country anymore, that's the danger," Siepker said.

Braley said Twitter and Facebook have been major tools for him throughout his political career and have allowed him to connect with constituents in a more personal way.

He shared a story about seeing a cow in the middle of the road while in Iowa and tweeting a "Livestock Alert." While he received positive feedback from the silly tweet in Iowa, people in Washington D.C. were miffed.

"If you're going to be on social media, you better have thick skin," Braley said.

"You have to focus on not getting drug down by what people say about you. You have to remember why you wanted to do this; your job is to help people."

Braley said social media gives citizens, the ability to reach their congressmen directly, and immediately.

"This world, which is rapidly changing, is impacting how I do my job," Braley said.

Siepker said his goal for the "Iowa Nice" video was to end Iowa misconceptions and show off the great things about the state.

"When you get people laughing, you get them to listen," he said. "Many people in Congress don't bring humor to what they're doing."

He said their ultimate goal is to create sustainable, prosperous and perpetual work in the film community within Iowa.

"If we are really successful we think we can help turn the tide and instead of exporting all of our young talent it's staying within our borders," Siepker said.

Siepker said he wouldn't have been able to get his message out about Iowa if he were working somewhere else like New York or Los Angeles because it is too cutthroat.

"Being able to represent the state that I love, and Iowa hard work and generosity, it's an honor," he said.

Go to The Circuit to connect to the "Iowa Nice" video.

Demo Show causes damage to Lyceum

KAITLYN BALDRIGE *STAFF WRITER*
kaitlyn.baldrige@wartburg.edu

A burning balloon during the Physics and Chemistry Demo Show caused damage to the flooring of the Lyceum on Feb. 16.

The balloon, inflated with hydrogen, ignited rather than exploded as was expected. Dr. Christine DeVries said they bought thicker balloons for this year's show. A small amount of carpeting was burned when the balloon was stamped out for safety.

"There is always some wear and tear when there is a show of some sort," Associate Vice President for Marketing and Communication, Graham Garner, said. "This was just more than expected."

Garner said there was no structural damage, but the lifespan of the flooring had been shortened. Carpeting that has been burned will fray faster than unburned carpeting, he said. He did not have an estimate on how much repairs would cost.

A meeting is scheduled this week to decide what the next step will be for repair. Garner said faculty advisers for the Demo Show as well as staff from event scheduling and maintenance will be some of the groups represented at the meeting.

"We will talk about what worked, what can be done better and what needs to be done," Garner said.

2012 Fall Term GPA highest in last 10 years

JACQUE SCHUTTE *STAFF WRITER*
jacqueline.schutte@wartburg.edu

The grade point average for the 2012 Fall term is the highest it has been in ten years, at 3.158.

The lowest GPA in the past 10 years 2005-2006 when it was 3.081.

Vice President for Enrollment Management Edith Waldstein said while there is no one specific reason that the number is higher this year, she said she hopes it is because the student body is academically stronger.

"You always want students working as hard as they can and you want them to be as successful as possible," Waldstein said.

Wartburg junior Chelsea Keninger said she thinks students are applying themselves in classes.

"I think students at Wartburg understand the importance of getting the most out of their education, especially with the cost of rising tuition every year," Keninger said. "They also understand how the economy has influenced the competitiveness of both the job

▸ GPA— p.2

— Emily Novotny /*TRUMPET*

THE Circuit WARTBURG COLLEGE
THE TRUMPET KWAR WTV
www.wartburgcircuit.org

NEWS

Judge James Ellefson receives Graven Award

KAITLYN BALDRIGE *STAFF WRITER*
kaitlyn.baldrige@wartburg.edu

Being a member of an ongoing community, like Wartburg College, is important, Judge James Ellefson, the recipient of this year's Graven Award, said during his address at the Feb. 19 convocation.

His daughter, Rachel Ellefson, is now a part of that community, and his daughter and son-in-law, Sarah and Jacob Grout are 2011 Wartburg alumni.

"When you are a part of this community, you know you are part of something bigger," James Ellefson, a 1974 Wartburg alumnus, said.

The Graven Award is given to a layperson whose life is nurtured and guided by a strong sense of Christian calling every year in honor of Judge Henry and Helen Graven. About 200 people attended the convocation in the Wartburg Chapel.

Ellefson said the strongest communities exist before someone gets there and will continue after they have left. It is formed by more than the people currently in the community.

Both the Castle Singers and Wartburg Choir sang at the convocation. Ellefson said his first exposure to Wartburg was through a performance the Wartburg Choir gave at one of his childhood churches in Colorado.

He said he was very nervous to have both the choirs there because every time they perform, he gets very emotional. It didn't help that Rachel Ellefson had a solo during the opening song.

"It was nice to sing for him. I looked over and he was tearing up at the end. I know this was very special for him," Rachel Ellefson said.

Rachel Ellefson also read the citation for the award.

"He was the perfect guy for it. He definitely lives out the mission statement," Rachel Ellefson said. "He goes beyond his job. He would always give his time and efforts to people that couldn't pay. I think that speaks a lot and beats the stereotype of lawyers."

Laura DePenning, a current Wartburg student, said she went to the convocation to support the Ellefson family. She had heard of the Graven Award and thought it was an interesting award focused on being an upstanding citizen.

She said she thought James Ellefson was a good fit for the award.

"He seems like a great person who took his passions and talents in life to serve as many people as he can," DePenning said.

James Ellefson graduated from Drake University Law School with a Juris Doctor degree in 1977. He served as a lawyer in Marshalltown with the Welp, Harrison, Brennecke & Moore firm from 1985 to 2012. He was appointed Iowa District Court Judge by Gov. Terry Branstad and took office on Feb. 1, 2012.

James Ellefson has also served in many leadership roles at the local, synodical and church-wide levels in the Evangelical Lutheran Church in America.

James Ellefson said Wartburg's mission statement really captures the culture of Wartburg. Rachel Ellefson said the atmosphere at Wartburg really shaped how her dad lives his life.

"Wartburg was a wonderful place when I went here, but it's better now," James Ellefson said.

President Darrel Colson congratulates Judge James Ellefson after receiving the Graven award. The award is given to a person who is guided by a strong sense of Christian calling. — **Emily Novotny** /*TRUMPET*

Twenty-four online courses will be offered summer of 2013

KRISTINE MILBRANDT *STAFF WRITER*
kristine.milbrandt@wartburg.edu

Three more courses have been added to summer 2013's online course offerings.

This makes 24 total online courses available, the largest to date at Wartburg.

Summer 2011 marked the first year that online courses were offered. Nineteen courses were available at that time, jumping from 21 in summer 2012 and now 24 in summer 2013.

"Students appreciate the convenience of taking a Wartburg course, especially a specific requirement, while living and working in their hometown area," Registrar Sheree Covert said.

"Finding transfer courses equivalent to some Wartburg degree requirements such as RE 101 or the ID courses can be difficult," she said.

New online course offered this summer include BA 361: Operations Management, EN 150: Introduction to Literature, EN 231: Introduction to Myth and Folklore, and SO 295: Medicine and Society.

Pamela Ohrt, associate professor of communication arts, has taught CA 200: Media Writing since summer 2011.

She said it's beneficial to take a course online if you have plans to leave campus during the summer.

"You can focus on one class at a time and submit the assignments on a timetable that works for you," Ohrt said.

"The class is also an abbreviated version of a semester-long course. You are covering in six weeks what others cover during the entire term during the regular school year," Ohrt said.

Summer Anderson searches on the Wartburg website for online summer classes. This year marks the largest online catalog Wartburg has had. — **Erin Ridgeway** /*TRUMPET*

Ohrt also said students who take summer courses outside of Wartburg are only able to transfer the .75 of each course credit. Wartburg summer courses will give you one full credit.

Summer online courses also cost less than credits taken during the academic year.

Additionally, Ohrt said that an online course is more environmentally friendly since less paper is used.

Ohrt, however, noted the difference in the learning environment.

"While email communication between an individual student and the instructor is constant, students miss out on that face-to-face contact with their peers, which I find to be a valuable part of the educational process," Ohrt said.

Ohrt incorporates discussion forums into her class, but she said it is not the same as in-class discussion.

Angela Lau took both Listening to Popular Music and Crisis Communication last summer.

"I didn't have to get so stressed during the semester," Lau said. "But you had to be self-motivated to keep up with it. I would recommend just taking one though, because balancing two classes with a job is hard during the summer," she said.

Ohrt said that though summer courses can be challenging, they are worthwhile.

"The class is very intense for six weeks, but once it's completed, students are left with one full credit and hopefully a valuable learning experience," Ohrt said.

GPA: They are just a number

◂ continued from p. 1

market and acceptance into graduate school and are using these as motivation for high grades."

Waldstein said this year's incoming freshman class had slightly higher grade point averages than usual and that GPAs are slightly up nationwide as well.

She said there could also be a correlation between the smaller class sizes this year and the higher grades. She said she predicts the grades for next year will be around the same as it is this year.

"It's a goal to have students get the very best grade they can get as long as that's an indication of what they're learning," Waldstein said.

She also said grades are just one representation of what students learn while at Wartburg.

Dr. Bill Soesbe said although he has a curriculum and standards for his classes, he believes grade point averages are just a number.

"The GPAs aren't as important to me as knowing our students are learning and they're able to apply that to their professional life," Soesbe said. "The thing I like about what we do, GPAs matter and grades matter, but what we're really concerned about is the process of learning, and really truly making sure students learn."

He said Wartburg's faculty does a good job of ensuring they do what is best for students.

"It is ultimately up to the student to determine the level of work they want to put into it but I'm going to continue to motivate and do things to help them realize the potential that they might not realize they have," Soesbe said.

NEWS

Students deal with effects of drunkorexia

EMILY NOVOTNY *PHOTO EDITOR*
emily.novotny@wortburg.edu

A Wartburg student confessed that she has been a "drunkorexic" many times. By swapping out meal calories for alcohol calories she said she could have fun while still keeping her slender figure.

"It is not like you hear people dying from drunkorexia so it can't be that bad," the student, who asked to not be named, said. "I would still consider myself healthy because I only do it on the weekends."

Drunkorexia is the term referring to this type of behavior, which involves restricting food intake prior to drinking alcohol.

"I mainly do this because I want to have fun and get drunk that much faster," a Wartburg student said. "I know its probably wrong, but since it doesn't effect me emotionally or physically I do not see the problem in it."

According to the United States Center for Disease Control and Prevention, many young people, especially college students, engage in unhealthy drinking practices.

"Our bodies are just not designed to be able to withstand this type of behavior on a chronic basis," Megan McMillin a physician's assistant at the Noah Campus Health Clinic, said.

"You will eventually break down physically and mentally. You will feel weak and tired and if done too much, it can eventually affect how your internal organs are working," she said.

Psychology professor Dr. Todd Reiher said he believes students behave this way for three reasons; to save money, to monitor calorie intake and to get drunk faster.

"I think students look at it more like a drinking strategy, but it is certainly not a healthy way to drink," Reiher said.

Some students were unaware of what kind of impact swapping drinks for meals could have on your body.

One anonymous Wartburg student said she skipped dinner to get her homework done before going out.

"I had lost all motivation to do anything that entire day due to the fact that I felt so sick," another student said. "I was a little confused because I did not think I had that much to drink.

One hazard to be aware of, Reiher said, is if you are consuming your usual amount of drinks on an empty stomach, your body will respond differently.

Some students at Wartburg have "drunkorexic" tendency's and avoid eating to get drunk faster. — **Emily Novotny** */TRUMPET*

He said this trend has been occurring for years but now it's becoming well known because it now has a name.

"It scares me when my friends don't eat on purpose just to get drunk," a student said. "They know deep down that it's not healthy, but they are only focused on getting drunk which is ridiculous."

When you are restricting calories from your body regardless of the reason, McMillin said there would be consequences.

Since this is not a recognized disorder, McMillian said drunkorexia should not be that addictive, but binge drinking and eating disorders are.

"I would advise students to stop making this choice and if they needed to see counseling services or Noah Health Clinic for help," McMillin said.

Leave Your Legacy senior gift campaign hopes to raise $5,000

TORIE JOCHIMS *OP/ED EDITOR*
victorio.jochims@wortburg.edu

After a two-year absence, the senior gift campaign, which asks seniors to donate before graduation and aims to instill the idea of continued giving after graduation, is making its return to Wartburg's campus, with mixed reviews from the senior class.

With lots of financial stress coming on when student loan payments kick in, students like Justina Wuebker are unhappy about the campaign.

"The senior gift campaign, while a good idea to show underclassman the need to take pride in your school, etc. is actually not held during an opportune time in a senior's life. This is the point where they need to be saving their money for security deposits and rent for where they are going to move after graduation. They don't necessarily have the money to make a donation to the school until a few years after they graduate," Wuebker said.

Renee Voves, associate director of alumni and parent relations, said when they decided to reinstate the program, entitled Leave Your Legacy this year, they wanted to make sure they did it right and looked at what other schools were doing for similar campaigns as well as what Wartburg had done in the past before moving forward.

"You know, we think a big part of it is education. We want people to really understand that what we're doing isn't just about the monetary donation. It's about participating, too. Giving back means a number of things," Voves said.

"It's participating after graduation and promoting by wearing your Wartburg gear with pride."

This year, an anonymous donor has promised to match up to $5,000 if the senior class raises that much, which would make the total gift from the senior class $10,000. Voves said to hit this point, 200 students would have to donate $25.

She said they want students to know that they aren't asking for large donations.

"I know people sometimes think that if you can't give huge amounts of money, there isn't a point, but giving as you are able, whatever you are able to give, makes an impact," Voves said.

Voves also said seniors have some control over where their donations go and can request that they don't go directly into the annual fund if they have specific programs they would like the donation to go.

David Nelson, co-chair of the Leave Your Legacy campaign, said they really want to change the attitude students have about giving.

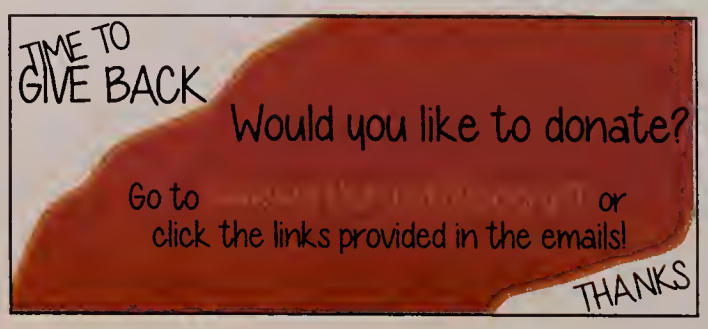
"We want students to realize that when you graduate and receive your diploma, you're not getting a receipt, you're getting a membership card," Nelson said.

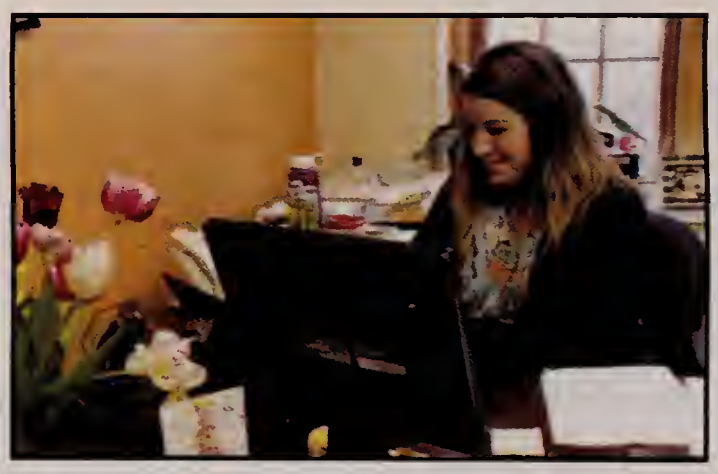
Nelson said apart from the senior gift part of the campaign, there is also a pledge they are trying to get students to sign.

The pledge promises that those who sign it will continue to give back by participating and donating as they are able for as long as they are able.

"Without alumni giving back, our experience as students here wouldn't have been as amazing as it was and we want seniors to realize that the value of that experience could easily go down if alumni stop giving as they are able," Nelson said.

The Leave Your Legacy campaign will be reaching out to students through emails from the co-chairs as well as conversations from "team captains," seniors who have been charged with talking to 10-15 other students about the campaign.





Abbie Smith works in the Alumni Office and is helping plan U-Knight Day, a day of service, on March 9. — **Emily Novotny** */TRUMPET*

U-Knight Day provides service opportunities for alumni

HANNAH COX *EDITOR-IN-CHEIF*
honnoh.cox@wortburg.edu

Wartburg alumni will gather for a day of service on March 9 in different cities throughout the Midwest. Abbie Smith, Alumni & Parent Relations Associate, Event Planning, said she is hosting the Blankets of Love event in Waverly.

This is the second annual U-Knight Day. Smith said she chose the Blankets of Love as their service project because it is a project people of all ages can be involved with.

Megan Nuehring, event planning intern for the alumni office, said they currently have 29 alumni signed up to help with the Blankets of Love event which will be held at the Wild Carrot.

Nuehring said she thinks it is important for people to participate in U-Knight Day because of how important service is to Wartburg.

"So much of what we learn in our four years is how to reach out to people and help those in need and I think it is important to continue service even after graduation," Nuehring said.

"Although, all alumni are not on campus anymore they are still members of the Wartburg Community."

The other cities that are participating are Chicago, the Twin Cities, Kansas City and Des Moines.

"We are hoping that more students will want to participate while they are at home over break. The service events this year are at Feed My Starving Children, Kansas Citiy Lutheran Metro Ministries, Habitat for Humanity, and Blankets of Love," Nuehring said.

Smith said if people are interested in helping with the U-Knight Day you can still sign-up until the day before the event.

OPINION & EDITORIAL

Senior gift not just about monetary donations

MEGAN NUEHRING *GUEST COLUMNIST*
megan.nuehring@wartburg.edu

It's that time of the year, when seniors begin to search for jobs and apartments, and when various offices on campus ask seniors to give money to the school as a part of their senior gift.

Most seniors dread this time of year and create any excuse they can to avoid giving money.

This is normal and I understand why people are hesitant to give money.

However, as a senior gift team captain I also know why it is important to give back to Wartburg.

Many seniors do not give because they do not have enough money or they will have to begin paying their loans soon.

I understand this argument because I am in the same position.

However, an anonymous donor is matching up to $5,000 dollars of the senior gift.

Therefore, any donation that you make to the school is doubled. The money that is given by seniors can be directed to any organization, academic department, athletic team, scholarship fund or the general fund to improve campus.

Your donation matters and whether you give $5 or $20.13, you will make an impact on the Wartburg community.

If a donation is not an option then there are other ways to say thank you.

There is a pledge seniors can sign to promise that when they are able and can afford it then they will give their monetary donation.

Senior Sarah Langston is not planning on giving this year but she is planning to pledge.

"I am not in a position to give now as I travel to graduate school visits. I plan to pledge to give annually in the future; both during and after extra schooling. I still think it's important to give back," Langston said.

You can also participate and promote Wartburg College through wearing Wartburg clothing, telling prospective students about the experiences and opportunities you had and attending future alumni events.

A 2012 graduate, Leanna Houston, said she didn't write off giving to Wartburg even though she couldn't do it as a senior.

"I did not have any money when I graduated so I did not give to the senior class gift, but my husband [Bret Houston] and I started giving this year because we were able to afford giving back to Wartburg."

Regardless of how or when you say thank you to Wartburg, you will be making an impact on the school.

I am giving back to Wartburg because I could not have asked for a better college experience.

I have created the best memories and established lifelong friendships.

Giving a small donation and pledging to give more when I am able is my way of saying thank you to Wartburg College for my time here as a student.

I am not asking you to give money to the senior class pledge.

I am not saying that you need to sign a pledge to give in the future.

But how will you thank Wartburg for all of the experiences and opportunities that you have had?

What will you do to help future students have the same meaningful experience you were so fortunate to have?

Choice Words | WARTBURG SOUNDS OFF

Dear Strong Wind,
We were just about ready to be delivered by our delivery man, and you just had to blow us here, there and everywhere! We are all very disgruntled with you!
Sincerely,
- Wartburg Trumpet Newspapers

So, girls looking to have a "Ring by Spring" are the same girls who say they want to be single when I see them at Joe's.
- Mixed Messages

Hey Weezy, Bert likes No Sauce on his Chowder. Blayno, better hurry to catch the Kou Kou Ka-Chooo Train.
Sincerely,
- Justin Tblood

This snowstorm was the biggest over hype since the Black Eyed Peas at the Super Bowl.
- Why was everything cancelled?

A word to the wise DJ's,
When "Thrift Shop" is requested, you don't wait an hour to play it. It's a surefire way to make your patrons very angry.
- Everyone loves that song

Nothing like Pitch Perfect to make your Sundays just a little brighter.
- Acca-Awesome

Does no one else realize that the "Harlem Shake" is a real dance and not the crazy flailing everyone is doing?
- Put your shirt on

Basically, I have to make sure I have everything done by the time the Oscars start on Sunday so I can spend the evening criticizing everyone's outfits and acceptance speeches.
- Awards show troll

"Six oreos counts as lunch, right?"
- Overheard in the J-Lab

Pretty sure the Wartburg "Harlem Shake" is one of the coolest things this college has done in a long time.
- Seriously impressed

"Because I'm a magical fairy."
- Overheard in the K-Dit

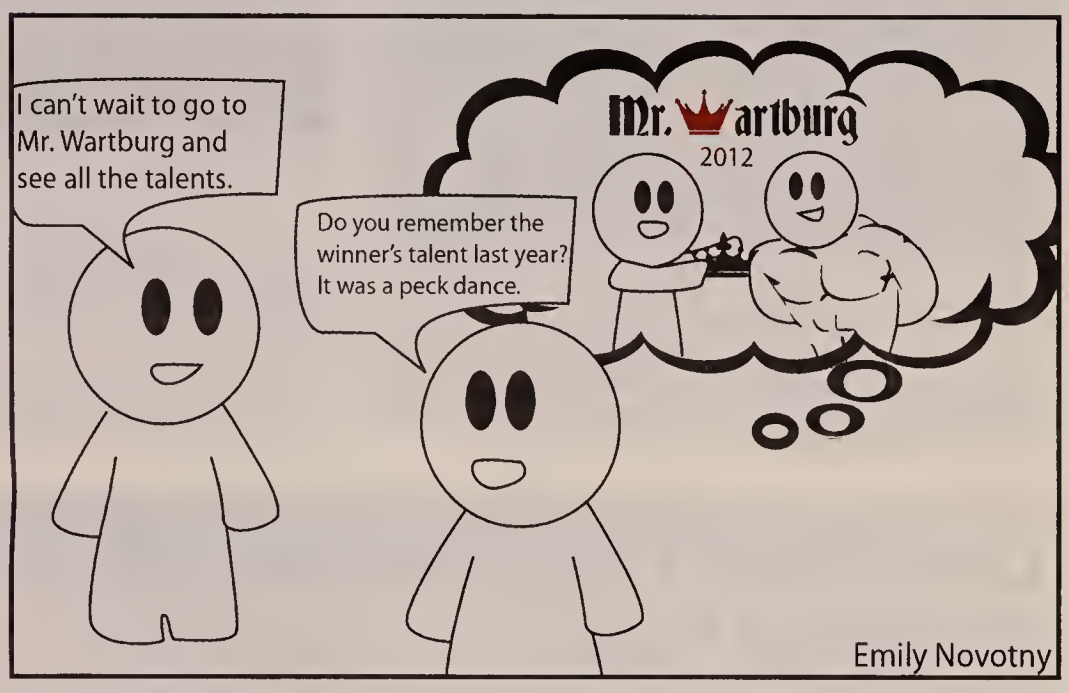
I'm definitely going to need to go south for Spring Break this year.
- It better be warm when I get back

THE WARTBURG COLLEGE Circuit
www.wartburgcircuit.org

Submit your Choice Words online at:
www.wartburgcircuit.org

Choice Words is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Either go to the Circuit or tweet #choicewords to see your thoughts here! The Trumpet reserves the right to censor inappropriate and libelous comments.

www.wartburgcircuit.org



Trumpet Editorial

Be aware of your social media presence

Last week Bruce Braley and Scott Siepker discussed the important role social media plays in political conversations, but it's equally important for students to realize the part it plays in displaying professionalism or a lack thereof.

In today's digital age, almost everyone feels entitled to privacy when it comes to their social profiles, but their very nature contradicts this sense that the information should be kept private.

A social network is intended to be just that — social.

Maintaining a professional social media presence puts you leaps ahead of your peers who are using their social networks for solely personal purposes.

Following companies you like, people who work in the industry you're aiming to go into, and having conversations with those brands and people is such a great way to truly utilize the "networking" part of social networks.

We aren't suggesting that you forego all the fun things you use your social media for; the silly tweets are an important part of your personal brand, too.

All we're suggesting is that students remember that our online presence isn't as private as we may like it to be.

For whatever reason, we're prone to the idea that what we put online is only there for our friends to see, will only be seen by the eyes we want it to be seen by.

This is very clearly not the case.

With a little digging, you would be surprised what people can find about you and your social media presence.

Try "Googling" yourself and see what happens, then take a moment to consider if those are the things you want people, and potential employers, finding when they look into your background.

More and more social media is becoming a crucial part of big conversations, from politics to job seeking and beyond.

Consumer questions are answered through Twitter accounts and hashtag searching, Facebook pages are the source of brand praise or ridicule and it all depends on how you use it.

The effect is similar with your personal presence.

When you consider the social media disasters that have happened recently (like Applebee's Facebook meltdown), it's worth considering what you're putting out there and how people are likely to react to it.

TRUMPET
PRODUCED WEEKLY BY STUDENTS AT WARTBURG COLLEGE, 100 WARTBURG BLVD. WAVERLY, IOWA 50677

Hannah Cox, *Editor-in-Chief*

Kristin Canning, *News Editor*
Torie Jochims, *Op/Ed Editor*
Sarah Boraas, *Knightlife Editor*
Jerica George, *Asst. News Editor*
Nathan Ford, *Sports Editor*
Hannah Burlingame, *Asst. Knightlife Editor*
Emily Novotny, *Photo Editor*
Erin Ridgeway, *Photo Editor*
Deidre Whipple, *Graphics Editor*

Cliff Brockman, *Faculty Adviser*

Opinions expressed in the Trumpet are those of the editorial board and are not necessarily representative of the opinions of the administration, faculty or staff at Wartburg College.

Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing.

Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

KNIGHTLIFE

Student throw buckets of water during intramural "Battleships" to try and sink the other three competitor's canoes. — Erin Ridgeway/*TRUMPET*

Students battle to sink each other's ships in 'The W'

SARAH BORAAS *KNIGHTLIFE EDITOR*
sarah.baraas@wartburg.edu

The Wartburg intramurals program is building participation and opportunities for students by adding non-traditional sport competitions to the calendar.

Joelle Rummell, intramural coordinator intern for this semester, has goals of building the intramural program by adding non-traditional sports. It will provide something new and exciting to attract students, she said.

"My goal is to just to get the word out about all the new competitions we're planning so we can build the program into one that's similar to the University of Northern Iowa or the University of Iowa," Rummell said.

"Kirkwood offers more intramurals than Wartburg does and that's something we want to change this year."

The first non-traditional intramural competition was "Battleships" held on Sunday, Feb. 24.

The event was held at the pool where teams of four were each given a bucket and a canoe. The goal was to tip other canoes without touching the canoes or standing up and only using the bucket and water.

As time progressed in the game, the lap lanes were moved in to shorten the playing field. This event is the first intramural competition to be held in the pool.

"This game was a great idea and something new and interesting," Kyle Heuer, a participant in Battleships, said.

"I had never heard of this game before and was excited about playing in the water."

The idea for the game came from an intramural conference held at Iowa State University called NIRSA Big 12 and Friends.

Several universities have big involvement from their students in the event and Dayton University has even made "Battleships" into a huge, one- day tournament event, she said.

"With the involvement of students and the continuing growing of the intramural program, our hope is that we can put on events much like the bigger universities," Rummell said.

In the next couple months, many new events are on the calendar. In March, 3-on-3 basketball and dodgeball will be offered.

April will consist of a "tough-mudder" obstacle course competition, a strong man competition, poker night and a kick-ball league.

In May, there will be a softball league, 4-on-4 sand volleyball and a bags tournament.

"The new events this year will hopefully draw a larger crowd and get more students involved," Jared Wauters, a frequent participant in intramurals said. "Competition and bragging rights are always fun with people on campus and will be even better this year."

The hope is that more students will get involved. Intramurals only adds to the college experience and is a great social opportunity, Rummell said.

Outlet brings Universal Sound to campus

EMILY LAYTON *STAFF WRITER*
emily.laytan@wartburg.edu

Students hummed along and danced in their seats while listening to their peers perform hit songs in the Lyceum on Feb. 19.

The performance, hosted by The Outlet, was called Universal Sound. Outlet President Jordon Alexander said its purpose was to allow students to see the talent there is on campus.

"It was a little bit more sophisticated than normal Open Mic Nights. It was more of a collaborative effort," Alexander said.

The evening consisted of students with different musical backgrounds pairing up to share their talents in a mix of genres.

Katie Aldrich has participated in many Open Mic Nights. She said The Outlet came to her at the beginning of the term and asked if she would perform at the Universal Sound event.

"My favorite part about performing was involving the audience, and of course I just love performing," Aldrich said.

Angelo DeNubbila from Colombia said he enjoyed watching the show and described it as "innovative and new." He said he has never been to an Open Mic Night.

"To be honest I had never heard of it until I came to Wartburg. After seeing the Universal Sound show I will definitely go to the next Open Mic Night. Innovation in music can always attract the most stubborn minds," DeNubbila said.

Holly Hejilik, vice-president of The Outlet has been involved with music since she was a child and said last year her friend told her about an organization that was starting that she might be interested in.

She talked to Alexander who presented her with the idea of The Outlet, and she said she liked the idea.

Alexander said, "As an artist, I felt the school didn't provide me with enough opportunities to share my talents with the school.

Jordon Alexander (left) and Hunter Gray perform an original song at Universal Sound hosted by The Outlet. — Emily Novotny/*TRUMPET*

So, I created an organization that allowed me, and my peers who also do music, to do so."

Alexander and Hejilik said when they first started they had to seek out artists to perform, but after the first few shows people started seeking them.

Hejilik said her favorite part of being in The Outlet is giving people the opportunity to do something they weren't able to do on campus before.

"There was never an outlet, I guess, for people to share their music and connect with other musicians," Hejilik said.

Transgender alumna shares stories with Wartburg students

HANNAH BURLINGAME
ASST. KNIGHTLIFE EDITOR
hannah.burlingame@wartburg.edu

Wartburg alumna Liz Bendalin is transgender. Bendalin was born male, but is taking estrogen.

Liz Bendalin

She said she first realized something about her was different when she was five. However, Bendalin said she did not know what the difference was until she was about 10.

"I remember growing up when I was young, that I always needed to know if we were having communion on a given Sunday in church so I could make sure I sat on an aisle, so I could see all the pretty shoes," Bendalin said.

Bendalin said she found a word to describe how she felt when she was 10 and looked up transvestite in an encyclopedia.

During her presentation to Wartburg's Alliance on Feb. 19, in the Diers House, Bendalin described four of the main types of transgender and three newer terms.

Bendalin said she categorized herself as bi-gender.

"I have a male and female gender that are not truly separate but I don't like to blend. If I am going to present, I like to present as a male or present as a female. I don't like to present as a blending of the two," Bendalin said.

"That being said, regardless of what I am wearing, I am exactly the same person."

Bendalin said that dressing is her way of maintaining balance, and that before having two children she dressed for herself.

She said she now spends about 90 percent of her time in male mode.

"It takes a lot of Covergirl to cover boy let me tell you," Bendalin said.

This was the sixth time that Bendalin has spoken at Wartburg in the past eight years.

"The students all seem to respond well to her and love having her here. Plus she is an alumna so that makes it even better," Cassie Hales, Alliance adviser, said.

At the beginning of her presentation, Bendalin said that while she encouraged students to ask questions there might be some that she would not answer.

"Respect my privacy. I'm not fully out. A lot of people have no clue about me," Bendalin said.

"There will be aspects where I am more than willing to talk about who I am and my personal life and there will be times where I won't."

KNIGHTLIFE

REED PEDERSEN

Movie you would want to be in?

The Wedding Singer.

DAYLON BACOT

How would you define your style?

Pretty simple... but dangerous.

SAM READ

Weirdest fact about you people may not know?

I once kissed a bald eagle on the beak.

HUNTER GRAY

Anything else you want the student body to know about you?

I'm a pretty nice guy to be honest.

WESLEY BATES

Dream destination and why?

My destination is success because I plan on being successful with my profession.

BRAXTON CHICCHELLY

Ice Cream flavor that is most like you?

Mint chocolate chip. Because I'm cool...and sweet.

PETER HOFFMAN

How would you define your style?

Different. I mean look at those voluptuous chops.

SETH MOMMSEN

What is your spirit animal?

Kung Fu Panda

THE KING SHALL BE CROWNED

2.28.2013

Pathways celebrates Hoodie Hoo day

MEGHAN TENDALL *STAFF WRITER*
meghan.tendall@wartburg.edu

"Hoodie Hoo!" "Hoodie Hoo!" was what Pathways staff and peers chanted to chase away the winter blues at their Hoodie Hoo Day event Friday, Feb. 22 in Cardinal Commons.

Pathways peers and staff used this "holiday" as an excuse to get together and get to know each other better through social mixers, ice breaker games, food and pop.

"I was looking for an informal, fun way to let the peers get to know each other and have a staff bonding experience," Vicki Edelnant, Pathways Coordinator and originator of this event, said. "I searched for unusual holidays in February and thought it sounded fun."

Hoodie Hoo Day is a national holiday on Feb. 20 where people in the northern hemisphere go out, put their hands over their heads and holler, "Hoodie Hoo" with the idea that people are sick and tired of winter and ready for spring.

Edelnant said this event is a way to let the Pathways peers get to know each other and have a staff bonding experience since some peers studied abroad last semester and new peers have been hired.

Pathways peer, Kjerstin Lewis, who studied abroad in Argentina last semester, said she felt when she came back she didn't know many of the workers and thinks this event is an opportunity for students to come together.

"We can see who's doing what and what kind of leadership roles they take in Pathways," Lewis said. "People always act differently outside of work so it's fun to see everyone in a fun and relaxed environment."

Lewis said it's important because it comes down to being a team and knowing your teammates and coworkers while being comfortable around them. She said this was a necessary step to make sure people feel comfortable.

Edelnant said she believes in personal holidays and people need excuses to do something fun in the middle of winter.

"I think that anything you can do to relieve stress is good, whether it's going out and hollering at the sun or just going for a walk outside," Edelnant said.

This Hoodie Hoo Day ties in with the Pathways philosophy on how they can best serve the students who come into Pathways for help.

Edelnant said the Pathways philosophy revolves around a video titled, "Fish Philosophy" which provides four steps: play, making someone's day, being there and choosing your attitude.

"I personally tend to be task focused so we're trying to live that philosophy by looking for ways to "play" and still be productive," Edelnant said.

During Hoodie Hoo day, Gordon Roedel showed off his Gangnam dance skills. —Laura DePenning /*TRUMPET*

Now Hiring!

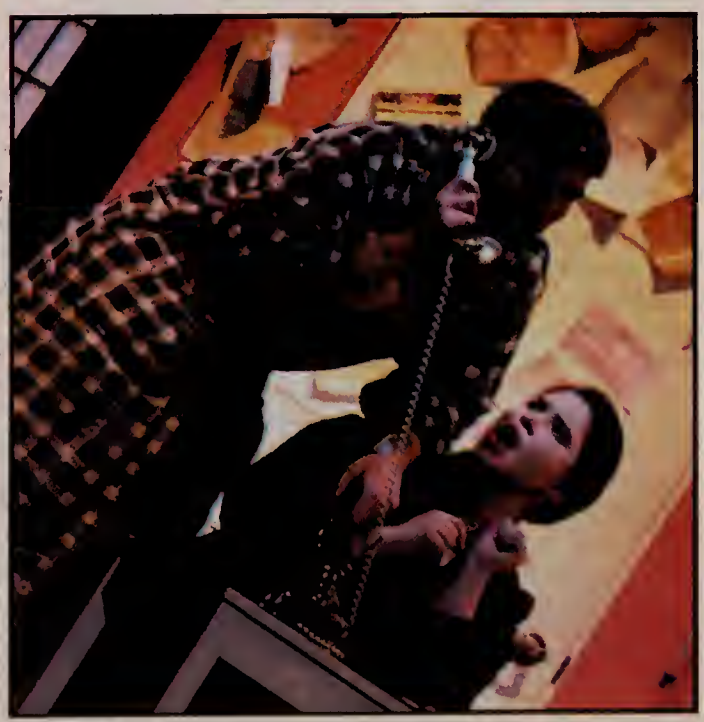
Delivery Drivers
Earn up to $10-$12/hour

Pizza Hut

Delivery Drivers
18 years or older
Good Driving Record
Take cash home daily

We Offer:
- Flexible schedules
- Meal Privileges
- Advancement opportunities

To apply, go to jobs@pizzahut.com
For questions, please call 319-352-5591



Christopher Kurt and Anne Bomgaars performed in "Kiss me Kate" Feb. 21-23. The Cole Porter musical was presented by the Wartburg Players and Wartburg Opera Workshop.— Erin Ridgeway/*TRUMPET*

SPORTS

THE Circuit WARTBURG COLLEGE
www.wartburgcircuit.org

On the Web

There won't be an issue of The Trumpet the next two weeks, but check out www.wartburgcircuit.org to stay up to date with Wartburg sports.

• On Monday, find out who will lead the men's golf team this spring.

• The men's tennis team is already 4-1 this season. Who will be their main competition in the conference? Find out Tuesday.

• The softball team is looking to bounce back from a winless Iowa Conference season. See what the team's goals are for this season on Wednesday.

• The baseball team did not graduate a single senior and has set their eyes on an IIAC Championship. Find out who is expected to lead the Knights on Thursday.

• The Setup Men, KWAR's official Wartburg sports show, will preview the spring sports as well as the Central Region wrestling tournament Thursday night at 9 p.m. If you can't listen to the show, check out the podcast online Friday.

• Finally, look for results from the region wrestling meet Saturday night and stay up to date with all of the Wartburg spring sports teams as they go on their Winter Break trips.

Men's tennis sweeps Vikings

Wartburg improved to 4-1 overall this season with an 8-0 victory over Grand View (0-3) in Des Moines.

• No. 1 Singles: Eric Hilpert def. Tyler Johnson 6-1, 6-0.

• No. 2 Singles: Blayne Willadsen def. Phil Kruzan 6-1, 7-6 (4).

• No. 3 Singles: Dayton Stevens def. Jake Norris 6-0, 6-2.

• No. 4 Singles: Josh Trueblood def. Ryan Gilbert 6-1, 6-1.

• No. 5 Singles: Coy Wiegmann def. Luke Norris 2-6, 6-4, 10-5.

• No. 6 Singles: Koo Miyake def. Tony Loftredo 7-6 (2), 6-1.

• No. 1 Doubles: Rasmussen/Yusuf Chowdhry def. Johnson/Norris 8-2.

• No. 2 Doubles: Hilpert/Willadsen def. Kruzan/Gilbert 8-5.

• No. 3 Doubles: Did Not Play.

The Knights return to the courts in Orlando, Fla. next week. They will play Aquinas (Mich.), Ohio Northern and Cedarville (Ohio) before opening up conference play at Buena Vista next Friday.

Wartburg doesn't have another home match until March 20 against Loras.

SPORTSKNIGHT

Watch SportsKnight on WTV Tuesday at 8 p.m. to see highlights from sports last week.

Women's season ends in semifinals

ALYSSA NOBLE *STAFF WRITER*
alyssa.noble@wartburg.edu

Baileigh O'Brien and Cathy Reiter (grey uniforms) leave Levick Arena for the final time in their careers after Wartburg's 73-65 loss to Dubuque Thursday night. —Erin Ridgeway/*TRUMPET*

It was a close game for Wartburg women's basketball in Levick Arena Friday, but it was the end of the road for the Knights as they lost to Dubuque 73-65 in the semifinals of the conference tournament.

This was the fifth-straight appearance in the conference tournament for the Knights and twelfth time overall.

The Knights started out strong against the Spartans with an 8-0 run. Abi Weidemann began the game with a 3-pointer. Cathy Reiter then stole the ball and hit a layup. This was followed by another three, this time by Baileigh O'Brien.

The Spartans didn't hit a shot until 16:03 when Dubuque's Mollie Whiting landed a 3-pointer. The Spartan's first fifteen points came from 3-pointers alone.

Dubuque came back from behind to tie it up at 17 with 11:54 on the clock. Wartburg took back the lead at 6:26 and then again at 5:14, but the half ended with Dubuque up by two 30-28.

The second half began with a steal from Weidemann to a missed shot from Carly Jacobs which was rebounded and then put back up by Kailey Kladivo. This put the game into a 30-30 tie.

Wartburg proceeded to take and keep the lead until there was 15:12 left in the game. After that, Dubuque took and maintained the lead. The lead deviated from nine points all the way to a single point. As hard as the Knights tried they couldn't regain the lead.

O'Brien and Jacobs both had fantastic nights as O'Brien had 20 points. Jacobs put up 15 points and six rebounds.

There were two Spartans that made the game especially difficult for the Knights. Mollie Whiting had 21 points and nine rebounds and Meggie Schmidt had 5 3-pointers and 20 points total.

The Knights end their season with a 16-10 record overall.

Wartburg is losing four seniors in Reiter, Weidemann, Maggie Weidemann and Baileigh O'Brien.

However, Wartburg has many returning players for next year when they begin a new season and start all over again.

Dubuque advanced to the Iowa Conference championship where they lost to No. 1 seed Simpson 77-68.

Knights upset Norse in IIAC semifinals

NATHAN FORD *SPORTS WRITER*
nathan.ford@wartburg.edu

Wartburg's warm-up shirts had a simple message: "Playin for Kramer."

The Knights had junior point guard Tanner Kramer on their minds and in their hearts Friday night as they upset No. 1 seed Luther in the Iowa Conference Tournament semifinals, 62-57.

Kramer was admitted to Mayo Clinic in Rochester, Minn. with possible kidney failure earlier this week but was on the phone celebrating with his teammates after the game.

"Just to hear him and to know that his spirit was with us tonight, it was a very special win for our team and certainly for Tanner," head coach Dick Peth said.

The loss was Luther's first at the Regents Center. Their perfect 10-0 home record included a 78-61 victory over Wartburg just six days ago.

"We just knew that we had to leave everything on the floor because if we didn't, there was nothing tomorrow for us," said Eddie Diemer who poured in a game-high 16 points and grabbed eight rebounds.

Wartburg led 60-57 with 45 seconds to go and in possession. A stop for Luther meant they would have a chance to tie on their last trip.

The Knights only had two offensive rebounds all game but one of those came with under 15 seconds to play as Diemer grabbed the ball out of the air and found Murphy who was fouled with 10.7 seconds left.

Murphy promptly sank both free throws in front of 1,468 fans to seal the victory that sends Wartburg to the IIAC championship at No. 3 Dubuque Sunday at 2 p.m.

"It's a big deal," Diemer said after ending rival Luther's season. "It's real exciting for us."

A 13-0 run put Wartburg up 31-19 with 1:44 to go in the first half and the Knights led 34-25 at halftime as they shot 6-of-10 from beyond the arc in the opening 20 minutes.

Diemer exited the game just a few minutes into the second half with his third foul and the Norse began the half on a 9-0 run to tie the game.

Unlike the previous two meetings, Wartburg did not go down when their leading scorer was on the bench.

"We battled a little adversity with Eddie being in foul trouble," Peth said. "Guys stepped it up that came into the game."

Brandon Flenor was one of those guys, finishing second on the team with 14 points off the bench on 4-of-7 shooting.

Diemer picked up his fourth foul and returned to the bench with 6:05 to play and the Knights leading 53-46.

Luther responded with a 7-0 run to tie the game and get the crowd back into it heading into the stretch run.

"Just not hanging our heads ever when they tied it up and to just continue to execute and trust our teammates and play together," Peth said after outlasting so many Norse comebacks.

Another 7-0 run gave Wartburg a 60-53 lead with 2:46 left and the Knights never trailed again.

"Teams are gonna go on their runs and we just gotta weather the storm," Diemer said. "I think we did a good job of that tonight. They went on their runs but we always responded with a run of our own."

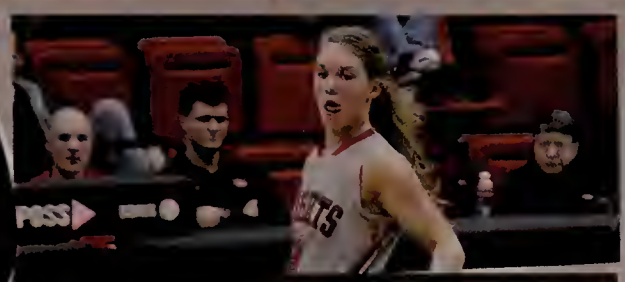
Eddie Diemer goes up for a shot Tuesday in the IIAC quarterfinals against Coe at Levick Arena. —Emily Novotny/*TRUMPET*

Kramer was over 70 miles away from Decorah but may have been one of the biggest factors in the Knight's upset win.

"It's a very special night for us because Tanner isn't feeling the greatest and really we just wanted to come out here and win this for him," Diemer said. "Tanner's one of those guys that's gonna give you all the effort, every single play, every time he's on the floor for every second and we just wanted to come out with that mentality that he has and win the game for him."

FEBRUARY 25, 2013 VOLUME 107, NUMBER 17

TRUMPET SPORTS



Knights fall to UD at home
Wartburg's season came to a screeching halt with a loss in the IIAC semifinals 7

UPCOMING SCHEDULE

Friday	Indoor Track @ North Central (Ill.)
Friday	Softball @ Northwestern (Minn.)
Saturday	M/W Golf @ Phoenix, Ariz.
	Indoor Track @ UW-Stevens Point
	Softball @ Augsburg
	Wrestling @ Regionals (Dubuque)
Winter Break	Baseball @ Tucson, Ariz.
	Softball @ Fort Meyers, Fla.
	M/W Tennis @ Orlando, Fla.
	Indoor Track @ NCAA Finals

Women win IIAC track title

NATHAN FORD | RYAN JORGENSON
SPORTS EDITOR | STAFF WRITER

The No. 2 ranked Wartburg women's track team won its 11th straight Iowa Conference indoor title at the University of Dubuque Saturday and Sunday.

The Knights scored 258 points over the course of the two-day competition, 142 points ahead of second-place Luther.

"A lot of new faces and new names on the women's side but to see them step up the way they did and understand what the expectation is here and what the tradition is here, it was pretty special," head coach Marcus Newsom said.

Individuals winning conference titles included Kayla Hemann in the weight throw with a throw of 16.3 meters and Monique Davisson with 11.66 meters in the triple jump.

Camesha Goods won the 55 meter hurdles in 8.27 seconds, Kendra Kregel took home a title in the 400 meter dash in a time of 57.88 seconds and Kristin Canning won the 800 meter run in 2:17.64.

Relay teams taking home conference titles included the 4x400 team of Karly Cochrane, Taylor Moore, Kayla Kregel and Kendra Kregel in a time of 3:55.17 and the 4x800 team of Canning, Maddie Kleve, Kaly Adkins and Kaitlyn Muhlenbruch won the 4x800 meter relay in 9:25.33

The 4x400 team's time of 3:55.17 set a new conference record.

The men's team was trailing Central by four points heading into the final race, the 4x400 meter relay.

The team of Dallas Koppes, Nick Green, Dominique Fagan and Daniel Bonthius won the race in a time of 3:24.35 but Central finished second by three hundredths of a second to clinch the team championship by two points.

"The two points could have come from anywhere," Newsom said. "As a men's track family we're going to keep our heads up and that's the exciting thing about track and field we got an indoor season and an outdoor season."

The Knights won three individual titles including Jonas Elusme and Bonthius who set conference records in their respective events.

Elusme won the high jump with a jump of 2.11 meters while Bonthius won the title in the 800 meter run with a time of 1:54.65.

Colt Feltes won the weight throw with a throw of 16.56 meters and the shot put with a throw of 16.67 meters and was named MVP of the field events.

"We got some work to do on the men's side to get better but at the same time, what a lot of people don't understand is that we left a lot of our men out of the competition because of injuries," Newsom said.

Elusme was held out of the high jump and triple jump due to injury and Tate DeMeulenaare was also out of the multis with an injury.

Newsom said the Knights will improve.

"Do we want second place? No. but we got a lot to look forward to."

From left: Britlyn Sieck, Erin Seymour, Audrey Weidman, Kendra Kregel, Kirsten Youngberg, Monique Davisson and Amy Reicks celebrate their championship in Dubuque on Sunday. —Sports Information

IIAC MEN'S TRACK RESULTS

Central	186
Wartburg	**184**
Dubuque	107
Loras	86
Simpson	80
Luther	42
Buena Vista	35
Coe	19

IIAC WOMEN'S TRACK RESULTS

Wartburg	**258**
Luther	116
Central	106
Loras	79
Buena Vista	40
Coe	37.5
Dubuque	33.5
Simpson	31

THE Circuit WARTBURG COLLEGE
www.wartburgcircuit.org

Tournament run comes up short for Wartburg men

NATHAN FORD *SPORTS EDITOR*
nathan.ford@wartburg.edu

Dubuque shot 76 percent in the second half and outscored Wartburg 46-27 on their way to a 73-60 victory over the Knights in Sunday's IIAC Tournament championship.

The Knights led by as many as 10 points in the first half and were up 33-27 at the break.

The Spartans only shot 34.4 percent in the first half but the Knights could not stop them in the second half.

"They did a good job executing, especially early in the second half, getting off to a great start and I didn't think we defended the way we did early on in the game," head coach Dick Peth said.

Wartburg shot 50 percent in the first half compared to just 32 percent in the second.

The Knights had problems matching up with Miles Hookstead and Andre Norris inside.

Hookstead had 17 points and 10 rebounds while Norris also had 17 points.

Meanwhile, Eddie Diemer finished with just seven points and two rebounds inside for the Knights.

"Physically they just really took it to us down low," Peth said. "We just let it get away from us down low."

Brandon Flenor was a huge spark off the bench for the second straight game.

He led the Knights with 20 points, 10 in each half, in what ended up being is final game as a Knight.

"He's been a great leader for us," Peth said. "If anybody wanted to speak at the end of the year, the last two, three games once we got to the tournament it was Brandon. He had an awesome game."

Thomas Perkins was second on the team with 11 points including 10 in the first half.

Flenor and Perkins hit two 3-pointers each in the first half to extend the Wartburg lead.

In the second half, Flenor kept Wartburg in the game with a jumper and then a quick steal and layup to cut the Spartan lead to 48-46.

Dubuque responded with a Hookstead tip-in and a Norris two-handed dunk that brought the UD crowd to its feet and forced a Wartburg timeout with 10:26 left.

The Spartans steadily increased their lead from their, going up by as many as 15 and clinching a spot in the NCAA Tournament.

Wartburg's season ended with a 15-12 record, one win short of the national tournament.

Despite the disappointing loss, Peth said it was a successful season looking back.

"It's just unfortunate it kind of got away from us at the end but we were picked at the bottom and the guys made it all the way to the championship game," Peth said.

The Knights were picked to finish last in the Iowa Conference but finished fourth.

Then with no one picking them to win after three straight regular season losses, they upended No. 5 seed Coe and No. 1 Luther to advance to the championship.

"I would say it was a nice year and we probably overachieved in some aspects but I'm really appreciative of our five seniors," Peth said.

Flenor, Mitchell Murphy, Thomas Perkins, Jake Reinhardt and Drew Crawford all graduate this year.

Find a recap of the Knight's upset win over arch rival Luther in the semifinals on Page 7 and their win over Coe in the quarterfinals at wartburgcircuit.org

Wartburg's Thomas Perkins attempts to drive past Chris Frazier at the Stoltz Sports Center in Dubuque on Sunday. —Sports Information